

# STAMBOURNE NEWSLETTER

JUNE / JULY 2021



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## STAMBOURNE PARISH COUNCIL

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The Parish Council was able to hold its Annual General Meeting and Parish Assembly in person for the first time since the first lockdown in March 2020. It took place on Thursday 20 May in the village hall. We were pleased to welcome our Braintree District Councillor, Richard Van Dulken, and the newly elected Essex County Councillor, Peter Schwier who both also attended.

At the Annual General meeting the first item is always to elect a Chair and representatives:

- Chair – Neil Pyman
- Vice-Chair – Andrew Drysdale
- Village Hall Committee Representative – Vanessa Young
- Emergency Planning – Michael Crago
- Footpaths – Karen Grant
- Public Transport – Andrew Drysdale

### **Pavilion**

The pavilion will re-open after 21 June 2021 and only in compliance with government guidelines. This will be kept under review.

As you will know from the newsletter, the Parish Council have been updating and refurbishing the pavilion with the help of grants from the Essex County Council CIF Fund and Braintree District Council's Councillors' Community Grant. We were able to replace the old fridge and freezer with new ones as part of this work. The old fridge and freezer are still in working order and free to a good home if anyone can make use of them. Please get in touch if you are interested.

### **Footpaths**

We have been made aware of a number of footpath issues across the parish, including broken or damaged footbridges and blocked paths. These have all been reported to Essex County Council and will be repaired in due course. If you are aware of any issues please let me know, photos are always helpful too.

### **Litter**

We have had a number of Stambourne Wombles out and about litter picking around the village. Thank you to everyone who has been doing this, it is very much appreciated!

Next meetings are 22 July 2021, 16 September 2021 and 17 November 2021 and we hope that they can continue to be in-person meetings in the village hall.

Full minutes are available on the village website at [www.stambourne.com](http://www.stambourne.com)

Debbie Hilliard

Parish Clerk

Tel: 01440 785629

Email: [debbiehilliard614@gmail.com](mailto:debbiehilliard614@gmail.com)

## CHAIR'S REPORT

It has been a very interesting year to become Chair. Last year's AGM began our use of Zoom which we have continued with for all our meetings. However, it has been very nice to get back to face to face tonight.

### Playing Field

With COVID we have not been able to use the playing field or pavilion for any social events. However, we must thank Michael Turner for cutting the grass and keeping the playing field tidy.

### Planning

There have been a few applications to consider but nothing too onerous.

### Communications

Thank you to Steve Platt (village website) and Karen Crago (village newsletter) for providing a valuable village resource, especially during the last year.

### Bonfire Night

Unfortunately this was another event that had to be cancelled due to COVID but I hope it will be able to go ahead this year.

### Finance

The Parish Council remains solvent and this was helped by a COVID Business Support Grant of £10,000 from Braintree District Council.

Finally, thank you to all the parish councillors for all their work for Stambourne, to Richard Van Dulken (Braintree District Council) for his support and also to Debbie, our clerk for her hard work and guidance.

Neil Pyman

Chair

Stambourne Parish Council

## ST. PETER & ST. THOMAS BECKET PARISH CHURCH

Well, what a difference in the weather to when I was preparing my contribution to the newsletter two months ago!!!! There is an Autumn/Winter feeling around us and not the warm Spring/Summer air I had been hoping for. Nonetheless, we are continuing the slow move out of lockdown which we are all hoping will not be delayed.

The first service of the year in the Church on Easter Sunday was very well supported with a congregation of 20. So we will continue with two services per month on the 1st and 2nd Sundays and now I am pleased to confirm that the Church will be open daily for private prayer, visitors or just to have some quiet time to reflect. Hand sanitiser is in the Church and please adhere to social distancing should the need arise!! The Annual Parochial Church meeting took place on Sunday 9th May. The notice of results of elections is displayed inside the Church.

### SERVICES AT STAMBOURNE FOR THE NEXT TWO MONTHS:

Date	Time	Service	
6 <sup>th</sup> June	9:30 am	Morning Prayer	Dave Brown
13 <sup>th</sup> June	9:30 am	Holy Communion	Rev. Liz Paxton
4 <sup>th</sup> July	9:30 am	Morning Prayer	Dave Brown
11 <sup>th</sup> July	9:30 am	Holy Communion	Rev. Liz Paxton
1 <sup>st</sup> August	9:30 am	Morning Prayer	Dave Brown

Val Kerrison, Churchwarden

Email: [valeriekerrison@outlook.com](mailto:valeriekerrison@outlook.com)

Tel: 01440 785752 or 07879 816362





## RECTOR'S RAMBLING

At last we have the glorious weather of June - after such a chilly May. Everything looks different in the sunshine! Nature is trying to catch up with a slow start to the year. It's as if our gardens and countryside are reluctant to come out of winter lockdown. I know a lot of people are feeling the same. On the one hand, we can't wait to see and hug the friends and family we've been missing, or have only been seeing on a laptop screen for months. On the other hand we are so out of practise at being with people it's all a bit daunting.

I don't know about you, but even our 'small-talk' has been hard on Zoom. We ask our friends "So what have you been up to, recently?" and the answer, for the last four months or so has been "Nothing!". But now there ARE things we can do - even have friends indoors - and there is the potential to re-socialise ourselves. But so often in the past year our plans have come to nothing that we are reluctant to fill our diaries again in case it all gets cancelled.

It has been truly wonderful to re-open all our churches from Easter Sunday, and remain open each week. Sadly, still no congregational singing, but we have heard some of the choir sing from time to time, and the organ is as splendid as ever. Finally, we have started to meet on other days too and the churches are now open during the day. Like nature, our church 'spring' has been delayed but we will be back fully in bloom this month with planning our first social events of the year.

I look forward to seeing you all again, but in the meantime, I leave you with some Godly advice for healthy living as we come out of the C-19 pandemic.

**Matthew 11: 28-29** Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

**T**une your life to healthy rhythms

**H**andle expectations

**R**ecognise times of vulnerability

**I**dentify safe spaces to be heard

**V**alue and affirm

**E**stablish healthy boundaries

If you would like a chat about any concerns or anxiety that you would like heard in a 'safe space' please don't hesitate to get in touch.

Blessings, Rev Liz

Rector, The Benefice of the Hedinghams and Upper Colne

[revlizpaxton@gmail.com](mailto:revlizpaxton@gmail.com)

07932 160594

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Ideas and contributions for the next newsletter to Karen Crago at [kcrago@btinternet.com](mailto:kcrago@btinternet.com) or the post box at Tagley Farm by Thursday 29 July. Thank you

# STAMBOURNE CONGREGATIONAL CHURCH

## FROM THE CHAPEL

A year ago we talked about the Church that meets in the Chapel being “not closed, but deployed”. And over this last year we have developed from a church that meets on Sundays to one that includes **Stambourne Chapel Care** – an organisation supported by charitable giving that aims to provide support services to the vulnerable and at the stages of life changes, whether that is through bereavement, divorce, illness, or age related changes. We provide befriending and support helping people to make appropriate decisions for their own health and wellbeing, and supporting the social services, care and health organisations in their work with individuals. We also fetch and carry and offer lifts to people. So we have volunteers who provide these services (and are always looking for more!) to work with people in the villages surrounding Stambourne including Sible, Yeldham, Ridgewell, Wethersfield, Cornish Hall End, Gainsford End, Toppesfield, and all the hamlets and “greens” in between! So if you know of anyone who could do with a visit, needs support through some difficult decisions, or is just lonely, please let us know and we will do all we can to support them.

Stambourne Chapel has the strap line, “being church every day, gathering on Sundays to Worship” and Stambourne Chapel Care is part of being church every day offering the care and love that Jesus showed to people around him regardless of who they are or what they believe. But part of that strap line is “**gathering**”, and we have started to do that again on Sunday mornings at 10:45am in line with government guidelines and rules keeping everyone safe. Over the coming weeks we hope to be getting back to something approaching normal again and if you would like to come along, then please book your place with our minister or secretary, as we have limited space! (see the telephone numbers below).

Our **Plant Sale and Swap** in May was very successful and we would like to thank all who provided plants and cakes as well as books for



sale. Over £700 was donated to the Chapel through this event and we thank everyone who turned up and took away plants. We ended up with very few left which have now all gone, though we do still have a smaller plant swap and sale going on each Tuesday, Wednesday and Thursday mornings! Do pop in to see what we have available!

Now we are looking at all the books people have donated and so aim to have a **book and cake sale** in the next couple of months! Watch this space.

If anyone would like to go to Butlins, Skegness at Easter time 2022 please call! We are booking for the annual **Spring Harvest** Christian conference event and a group of people from Stambourne, Haverhill and Steeple usually go together. Contact the Chapel for more details of this five day event! (Search Spring Harvest 2022 on the Web)

So we look forward to what the next few months will bring! We pray you will all stay safe and keep well. We are here to help and to pray for you all!!

Every blessing,  
Adrian Burr  
Minister, Stambourne Chapel



## WHAT'S ON

### **Sundays 10:45am**

Sunday Service is delivered with a mixture of Facebook, YouTube and printed scripts for those who cannot use the emailed version. We also now meet together at Chapel on Sunday mornings at 10:45am and enjoy Zoom fellowship after the service!

### **Tuesdays and Thursdays 10am – 12 noon**

The Chapel is open and the plants swap continues. The coffee morning has resumed though with COVID restrictions in place.

### **Wednesdays**

**Club** for vulnerable people 10:00am - 1:30pm

**Move It or Lose It** exercises in the Chapel – a mixture of balance and support, sitting or standing, and a little aerobics to get our hearts going! 1:30 - 2:30pm. Call to join us as numbers are limited!

### **Wednesday Social 7:00pm**

We meet to chat on Zoom – call for details and come and join us

## PRAYER

The Chapel prays regularly for many people, but sometimes you may feel a need for an urgent prayer as you face some difficult situation, or in need of comfort or strength to face life's ups and downs. Please call either Adrian or Margaret, or just drop a prayer request note through the Chapel post box. We don't need a name or details, but promise we will pray for whatever you feel able to share.

### **Contacts:**

**Minister:** Adrian Burr, 01440 730211, 07983 656166, [aburr@inbox.com](mailto:aburr@inbox.com)

**Secretary and Stambourne Chapel Care Worker:** Jill Homes, 07883 423528, [holmesjill30@gmail.com](mailto:holmesjill30@gmail.com)

**Prayer requests:** Margaret Mead 01376 345337 [margaretannmead@gmail.com](mailto:margaretannmead@gmail.com)

## VILLAGE HALL COMMITTEE

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### **HALL AVAILABLE AGAIN**

Well here we are again! Let's hope we are slowly getting back to some sort of normality. The hall is now up and running. Sanitizers are in the entrance. Please read the signs in the hall and comply with requests. We ask you to wipe any surfaces touched. Sprays and paper towel are in the kitchen. No need to mop the floor as Joanne will do that afterwards.

### **JUMBLE SALE**

A Jumble Sale is provisionally planned for 26<sup>th</sup> June 11am – 2 pm (or the Saturday following if it is raining) assuming that the current restrictions are lifted to allow larger groups to meet. Updates will be provided via social media so if you have neighbours who are not part of the village Facebook or WhatsApp chats please update them when you see news.



### **LITTER**

We would like to say a big "Thank You" to the Wombles who have been keeping our village and the surrounding areas clear of rubbish.

## RECYCLING BAGS

Braintree Council has supplied us with Recycling bags. If you require any please ring Cath on 01440 785678.

### FOOD WASTE BIN

**FOR FOOD WASTE ONLY** (WEEKLY COLLECTION)

Meat, fish & bones (raw & cooked)
 Coffee grounds
 Egg shells
 Tea bags

Fruit & veg peelings
 Mouldy food

**NO PACKAGING OF ANY KIND**

**Food waste becomes soil fertilizer and renewable energy** *Good to know*

**NO THANKS:** Liquids, oil, packaging, pet bedding

### GREEN WHEELED BIN

**FOR GARDEN WASTE ONLY** (Spring to autumn)

Tree branches (small)
 Grass
 Leaves
 Flowers & weeds

**NO THANKS:** Food, pet bedding, plastic bags, soil, food, packaging of any kind

**Garden waste is processed locally to become soil fertilizer** *Good to know*

### CLEAR RECYCLING SACKS

**FOR RECYCLING ONLY** (Clean and dry)

**LIDS INSIDE**

 Food tins & cans
 Foil & foil trays
 

**LEAVE LIDS ON**

 Aerosols
 Paper, card & junk mail

Greeting cards
 Wrapping paper
 Plastic tubs, trays & pots
 Plastic bottles (LEAVE LIDS ON)

**NO GLITTER**

**Recycling processed locally becomes new paper, plastic bottles, containers and more** *Good to know*

**NO THANKS:** Food, glass, nappies, wet wipes, hard plastic, polystyrene, wallpaper, take-away cups, clothes, food and drink cartons, tissues, kitchen roll, PPE (disposable gloves, face masks)

### GREY WHEELED BIN

**FOR HOUSEHOLD WASTE** (That cannot be recycled or composted)

Bubble wrap & polystyrene
 Crisp packets
 Hard plastics
 Nappies, pads, used tissues & wipes

Pet bedding
 Plastic film
 Wallpaper
 Fruit nets

**Household waste is reprocessed locally and does not go to landfill** *Good to know*

**NO EXTRA BAGS**

**NO THANKS:** Asbestos, builders' waste, soil/turf, commercial waste, electrical items, food waste

## BINGO

Bingo started on Wednesday 26<sup>th</sup> May and will be every two weeks at 6:30 pm in future. It is advertised by a board outside a few days before as a reminder.



## INDOOR BOWLS



We would also like to start indoor bowls. Are you Interested? If so let Sian or Cath know.

## OTHER ACTIVITIES

Would you like to start a club or do a class for the villagers?

For this and anything else to do with the village hall please contact Cath on 01440 785678 or Sian on 07505 355994



## FREE TRAINING FOR RESIDENTS

### ESSEX ASSOCIATION OF LOCAL COUNCILS



Mental Health First Aid Training is available for all Councillors, Clerk and residents. This training will help you to understand how to support yourself, your staff and colleagues and your residents. Book online directly

[Free Mental Health First Aid Training](#)

J9 Domestic Abuse training is available to all Councillors, Clerks and residents. This training is vital to help your staff and residents know how to signpost and give safe haven to those in need.

[J9community@outlook.com](mailto:J9community@outlook.com)



Living with dementia is something that many of your residents and their families do everyday. This training can help you to understand how you can support them. [Becoming a Dementia Friend](#)



### Befriending

#### Do you know someone who is lonely and isolated?

Our befriending service could be just the ticket...

The chance to chat - Telephone Befriending

Write Letters - Penfriending

Share common interests or just enjoy some company.

CONTACT 01206 368420 (option 3)



All our volunteers go through DBS checks and personal references to ensure a safe high service.



## COMMUNITY HELP

### COMMUNITY TRANSPORT

For any resident of the Braintree District Council area who does not have access to transport. We are currently able to provide transport for emergency health related appointments including coronavirus vaccinations.

Transport is offered to those who have a mobility difficulty, people who need to travel in their wheelchair and those who are able bodied. To allow for two metre distancing we carry one passenger at a time or two from the same household or if the individual needs a carer. The driver sits behind a Perspex screen and vehicles are sanitised between every trip.

Transport for vaccinations is currently free of charge and is offered seven days a week from 8am until 6pm – for other health related appointments e.g. doctors, dentist etc a subsidised fare is chargeable.

To check availability or to book a trip call **01376 557883** Monday to Friday 9.00-15.00. An answerphone is available to leave a message outside of these hours.



# Post Lockdown Celebration

*Wednesday 23 June 2021*

*4pm until late*

*(on a drop-in / drop-out basis as suits you)*

***Stambourne Playing Field***

Bring your family and friends, a picnic, chair/rug,  
umbrella, gazebo

*The best selfies and videos will be posted to Stambourne.com*

A great opportunity to mark this epic time in Stambourne



\* All subject to being able to adhere to relevant restrictions on 21st June.