

STAMBOURNE NEWSLETTER

AUGUST / SEPTEMBER 2023



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STAMBOURNE PARISH COUNCIL

The latest meeting of the Parish Council took place on Thursday 20 July 2023 in the village hall.

Pavilion – There has been a great deal of positive feedback from users of the pavilion about how nice it looks since completing the refurbishment. It is regularly used through the summer. We are now looking to replace the chairs. If you want to book the pavilion, please contact me via the details below.

Play Equipment – The replacement parts for the rocking horse are on order and should be delivered soon. The Parish Council are looking into installing a new nest swing – watch this space.

VAS Sign – We hope to install a VAS sign in the village. The plan is to have a mobile unit which can be located at different places. The parish council are exploring different options for this.

The next meetings of the Parish Council will take place on 21 September and 23 November 2023. Both are Thursdays in the village hall.

Full minutes are available on the village website www.stambourne.com

Debbie Hilliard

Parish Clerk

Tel: 01440 785629; email: debbiehilliard614@gmail.com



DEFIBRILLATOR AWARENESS EVENING

by

The Community Heartbeat Trust

THURSDAY 7 SEPTEMBER 2023 at 7:00 PM

IN THE VILLAGE HALL

All welcome - no need to book

WANTED

CLEANER - FOR THE PAVILION

FLEXIBLE WORKING AND GOOD RATE OF PAY

If you are interested please contact Debbie

Tel: 01440 785629 or email: debbiehilliard614@gmail.com



ST. PETER & ST. THOMAS PARISH CHURCH

You may see different names appearing to lead services at Stambourne Church. We are trying to continue our two Sunday services a month during the interregnum so do please come along to support us. Our Harvest Festival is Sunday 1st October at 9: 30am and any help or contributions to decorate the Church on Friday 29th or Saturday 30th October will be gratefully received.

Val Kerrison, Churchwarden
Email: valeriekerrison@outlook.com
Tel: 01440 785752 or 07879816362

SERVICES AT STAMBOURNE FOR THE NEXT THREE MONTHS:

Date	Time	Service	
3 September	9:30 am	Morning Prayer	Tia Stickland
10 September	9:30 am	Holy Communion	Rev Caroline Brown
1 October	9:30 am	HARVEST FESTIVAL	Nick Ellis
8 October	9:30 am	Holy Communion	Rev Caroline Brown
5 November	9:30 am	Holy Communion	Tim Goodbody
12 November	10:45 am	REMEMBRANCE SUNDAY	Nick Ellis

FOR YOUR DIARIES!!!

Sunday 10th December at 4:00 pm - CAROL SERVICE

STAMBOURNE CONGREGATIONAL CHURCH

CHAPEL NEWS

Thanks to all who attended, contributed and supported our MS Thir-Tea Party. We have been able to send £240 to the MS Trust charity who support people through life with this condition. So our grateful thanks for making that a lovely day.

The news recently has been all about global warming. Can we now doubt that it is happening? In this country it appears cooler than normal, but elsewhere it is hotter and consequences are being suffered by residents and visitors alike.

It's interesting when we consider these questions because it suddenly confronts us with the idea that what we think as "normal" is only temporary after all. Farmers will tell you that harvests have happened earlier in the last few years, and the crops that are being grown have had to change. There are many other industries that have had to adapt too. Also politicians will tell you that what we have considered acceptable and normal over the last 50 years or so is going to have to change if we are all to survive. And this all means that we have to be ready to accept change.

Interestingly the Bible tells us that there is nothing new under the sun! Whether this meant human behaviour: we can vouch for the fact there is nothing new in that area, or the created world, where everything has always existed although it may evolve over time, is a little uncertain.

Elsewhere in the Bible we read that change is inevitable, and the inexorable truth of the world we live in. For us, change is felt in the experience of getting older, both in ourselves and our bodies and in everything around us. We are also told that the world will change over time until one day it will vanish. But on a human scale change happens slowly and so we can cope. And it is made all the easier with the knowledge that it is expected and of no surprise. So as we adapt to the changes that are happening around us and

within us, all we can do is enjoy the life we have as best we can. This is largely the meaning behind the text in Ecclesiastes, written by a very rich King who was searching for the meaning of life. If you are searching, come on the journey with us as we explore together!

Have a lovely Summer!

Adrian

WHAT'S ON

Harvest Celebration - 24th September at 10:45 am

Macmillan's Biggest Coffee Morning Event - Friday 29th September

Regular Activities

Our **services** are held at 10:45 am every **Sunday**

1st Sunday of each month includes Communion

Every **Tuesday** and **Thursday** we hold a coffee and chat morning – 10 am til 12. Just come along and talk!!

Every **Wednesday** we have a club for people with some disability and we provide activities and fun for all.

Fitness Classes for Seniors restarts on the first Monday of September and run on Mondays and Wednesdays for five weeks (until half term).

Mondays - **Balanced Seniors** - helping to prevent falls, improve confidence and stability, balance and posture.

Wednesdays - **Strong Seniors** - keeping independently mobile, strengthening muscles, improving bone density, mobility and cardiovascular health.

Details from Chapel contacts or Vic at info.lifestyle.studios@gmail.com

Chapel Contacts:

Adrian Burr, Minister. aburr@inbox.com 07983 656166 for weddings, funerals, baptisms, or pastoral care

Margaret Mead, Secretary. margaretannmead@gmail.com 07561 283587 for bookings, details of what is on and general enquiries

Jill Holmes, Project Lead, **Stambourne Chapel Care** holmesjill30@gmail.com 07883423528 for referrals to Stambourne Chapel Care who support people as they go through life changing situations, either social, age or health related.

STAMBOURNE VILLAGE HALL

To hire the hall (residents £8 per hour; non-residents £10 per hour) please ring Rosemary Horton on **01440 785339**

STAMBOURNE LADIES GROUP

The weather held off for the Fish and Chip Evening at the Pavilion on Wednesday 12 July and a great time was had by everyone. The desserts provided by SLG members were particularly appreciated!!



The next get together is on Wednesday 13 September from 7:00 pm in the Village Hall. Check the Stambourne website for more details nearer the time or contact **Lorna** on 07980 922 636 or **Zoe** on 07740 723 057.

KNIT AND NATTER CLUB

At **The Green Man**, Toppesfield: **Every Thursday — 5pm – 7pm**

(Meet-ups are subject to variations, please check on Stambourne Website before attending)

FREE ADMISSION — Just buy a drink from the pub. Contact Anna on 07944 696 527 for more details.

TRACTOR RUN

The Tractor Run was well supported by drivers and spectators along the way.

£1,150 was made and donated to Ipswich Physio Department.

Thanks to everyone!



Toppesfield + Gainsford End Village Show

**Saturday 16th
September
2.00pm**

Toppesfield Village Hall

**Competitive Show
Raffle
Stalls
Competitions
Refreshments**

A great afternoon for all the family

Further Info: Ann Read 01787 237464



Get a JOGLE on Update

On the 4 July Connie and Lily completed their fabulous adventure. They walked for 95 days, covering over 1,000 miles – every step between John O'Groats and Lands' End including the three peaks on the way!!

So far they have raised over £6,500 between them. You can donate until the end of the year at: www.justgiving/team/getajogleon

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Contributions for the next newsletter to Karen Crago at kcrago@btinternet.com or the post box at Tagley Farm by Friday 29 September, please.